# Community Resource Centres

Disclaimer: This is strictly for information purposes only, and does not represent a comprehensive list. Compass Club does not endorse any particular program, product or service.

### **HAMILTON**

# Hamilton Association for Residential and Recreational Redevelopment Programs - HARRRP 705 Main St E, Hamilton, ON L8M 1K8

905-544-0050

www.harrrp.ca

Provides a variety of services to the community in partnership with city agencies at various locations.

# Hamilton Association for Residential and Recreational Redevelopment Programs - Jamesville - HARRRP

450 Hughson St N, Hamilton, ON L8L 4N5 905-546-4944

www.harrrp.ca

Provides Zumba and Fitness programs for older adults. More programming available at St. Peters Community Centre.

#### **Eva Rothwell Centre**

460 Wentworth St N, Hamilton, ON L8L 5W8 905-526-1558 ext 401

www.robertland.org

Offers high quality educational, nutritional, social and recreational programming for the residents of the Keith Neighbourhood and beyond.

#### **Hamilton Chinese Community Services Centre**

118 Bay St N, Hamilton, ON L8R 2P4 905-818-5260

www.hamiltonchinese.com

Operates and facilitates a variety of programs and activities that promote Chinese language, culture, arts, and heritage and provides information to local Chinese residents through the local Chinese newspaper, www.hamiltonchinesepress.com.

# Hamilton Neighbourhood Action Strategy - 145 Wilson St - Beasley Neighbourhood Association - Beasley Neighbourhood Association

145 Wilson St, Hamilton, ON L8R 1E4

www.ourbeasley.com

Dedicated to improve the quality of life for people who work, live and play in the Beasley neighbourhood and is part of the neighbourhood action plan for the city of Hamilton. The geographical boundary is Wellington Street to the east, the Canadian National Railway tracks to the north, James Street to the west and Main Street to the south.

#### **King's Way Outreach Centre**

649 King St E, Hamilton, ON L8N 1E5 905-296-9473

www.kingswaycenter.com

Provides social services focused on enabling participants to move from dependency to empowerment through skill development.

#### Salvation Army - Hamilton - 94 York Blvd - Correctional and Justice Services

94 York Blvd, Hamilton, ON L8R 1R6 519-836-9360

www.salvationarmyontariojustice.ca

Correctional and justice services offered to youth and adult offenders.

#### St. Matthew's House

414 Barton St E, Hamilton, ON L8L 2Y3 905-523-5546

www.stmatthewshouse.ca

A charitable, non-profit, multi-service agency that serves the needs of families, children, youth, seniors and individuals living in poverty as well as children with special needs and their families.

### London Military Family Resource Centre - Hamilton/Cambridge Outreach Office

650 Catherine St N, Rm 220, Hamilton, ON L8L 4V7

905-972-4000 ext 6623

www.familyforce.ca

A local branch of an organization which offers programs and services meant to enhance the quality of life of military families of South Western Ontario.

# McMaster Children's Hospital - Child and Youth Mental Health Family Resource Centre - Community Education Service

McMaster Children's Hospital 325 Wellington St N, Level 3, Hamilton, ON L8L 8E7 905-521-2100 ext 77243

www.communityed.ca

The resource centre has a collection of books, DVDs, pamphlets and health information online, for parents to borrow free of charge. Learn more about parenting, child development and common childhood disorders.

#### **Neighbour to Neighbour Centre**

28 Athens St, Hamilton, ON L9C 3K9 905-574-1334

www.n2ncentre.com

To alleviate and prevent poverty, by supporting our neighbours at risk.

#### **Beam Education Community Centre**

671 Tate Ave, Hamilton, ON L8H 6L5 905-383-4999

http://beameducation.blogspot.ca/

Gathering place and dialogue with other cultures. Weekend language and Turkish cultural school. Brant Family and Children's Services - Child Development Unit - Stepping Stones Resource Centre

#### BRANTFORD

# **Brant Family and Children's Services**

70 Chatham St, Box 774, Brantford, ON N3T 2P1 519-751-3915

www.brantfacs.ca

# **CALEDONIA**

#### **Family Resource Centre**

Community Support Centre of Haldimand-Norfolk 103 Inverness St W, Caledonia, ON N3W 1B1 905-765-4408

#### www.cschn.org

Recreation/socialization programs for seniors 55+ \* Before and After school programs for Children aged 4-12. Child Care Centre for infants, toddlers and preschoolers. Health, social, community and recreation resources and programs \* Community support and counselling

#### **DUNDAS**

#### **Dundas Community Services - Grafton Square**

2 King St W, Ste 3A, Dundas, ON L9H 6Z1 905-627-5461

#### www.dundascommunityservices.on.ca

Provides assistance to people living in Dundas and the surrounding areas in identifying and meeting community needs. Services include:

Services for seniors and people with disabilities

Meals on Wheels

Information Dundas

Volunteer Service

Community Development/Planning

Income Tax Clinic for persons on limited income from February - April

Friendly Calling & Visiting for seniors and persons with disabilities

**Tourist Information Centre** 

### **PORT COLBORNE**

#### Port Cares - Port Colborne - Charlotte St

92 Charlotte St, Port Colborne, ON L3K 3E1 905-834-3629

www.portcares.ca

Not-for-profit community organization that provides leadership, support and resources to enhance the quality of life for individuals of Port Colborne and surrounding areas.

### BURLINGTON

# **ROCK - Burlington - Burloak Community Centre Site - Our Community Cares**

471 Pearl St, Burlington, ON L7R 4M4 905-631-1218

#### www.ourcommunitycares.ca

Programs for children, youth and parents including: life skills, recreation, homework club, parent drop in, volunteer opportunities, computer lab, lending library, food support through Food for Life program, Fresh Food Box program. Grassroots community centre used by various agencies affiliated with Reach Out Centre for Kids (ROCK)